



## Contemplative Care Retreat Application Form

Hosted by the New York Zen Center for Contemplative Care

at

Garrison Institute

with

Roshi Enkyo O'Hara, Robert Chodo Campbell, Koshin Paley Ellison & Trudi Jinpu Hirsch

**January 13-16, 2011**

### CONTACT INFORMATION (please print clearly)

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Male  Female

Home Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Emergency Contact Number \_\_\_\_\_

Applying for CEU Credit?

NASW \_\_\_\_\_ (15 approved hours) AACN \_\_\_\_\_ (19 approved hours)

(A \$25 Continuing Education Certificate fee will apply to total retreat cost)

### SELECT YOUR ROOM PREFERENCE (rates include 4 days and 3 nights, 3 daily vegetarian meals)

Optional Dana donations to teachers can be made during the retreat.

Single occupancy- \$560  Double occupancy- \$470  Triple/Quad occupancy- \$435

Roommate Preference/s \_\_\_\_\_

Dietary/Special Needs? \_\_\_\_\_

House Jobs? A \$10-a-day-discount (\$30 total) will be applied to those who do 'House Jobs' for 40-60 minutes a day while on site. You will need to check in by 5-5:30 pm for house job training on Thursday, January 13.

### PAYMENT PROCESS

- A **\$200 non-refundable** deposit is due by **Monday, December 20, 2010** to hold your spot via cash or check.

- The **non-refundable** remaining balance is due by **Friday, January 3, 2011**.

Please send this completed form and checks to:

New York Zen Center for Contemplative Care, 70A Greenwich Avenue, No. 333 NYC, NY, 10011.

Write checks out to 'NYZCCC'.

### TRANSPORTATION

Everyone will be responsible for their own transportation to and from the Garrison Institute.

Driving directions and/or train details can be found at [www.garrisoninstitute.org](http://www.garrisoninstitute.org)

### SCHEDULE

Thursday, January 13: Check in is 3-6pm. Retreat starts with dinner at 6:30.

Sunday, January 16: Retreat ends after lunch, by 1:30pm.