



NEW YORK ZEN CENTER FOR CONTEMPLATIVE CARE

70A Greenwich Ave. No. 333, New York, NY 10011-8300
info@zencare.org www.zencare.org 212.666.0249

Dear Training Applicant,

Thank you for your interest in our Foundations in Buddhist Contemplative Care Training Program 2010-2011. Listed below are the months for the training. Your attendance is requested at all sessions, and required for 9 out of the 10 weekends.

If you are able to participate, we encourage your thoughtful and reflective completion of this application. **The application along with application fee is due by May 21, 2010.**

2010/2011 Scheduled Dates:

- September 10 + 11	February 5
- October 2	March 4 + 5
- November 6	April 2
- December 3 + 4	May 7
- January 8	June 3 + 4

You may return your completed application to the address above. We encourage you to apply early as we review applications in the order we receive them. Once we have filled up a training group, applications will be held over for the following training year. Enrollment in the training is limited and we have a strong commitment to diversity. After your application is reviewed, we will call you to schedule an interview.

Tuition:

There is a tuition fee of \$2,550 to defray costs of training, and there is an application fee of \$75. For Nurses and Social Workers, a \$25 Continuing Education Certificate fee will be added to the tuition cost. The cost of the Contemplative Care Retreat is an optional part of the curriculum and is a separate fee not included in your tuition costs. In cases of financial hardship, payment plans can be arranged upon request. You may also want to explore the option of either an organization or friend/s and family sponsor you. A limited number of scholarships may be available.

If you have any other questions about the training or about the Center, please visit our website or contact us by phone. We look forward to hearing from you soon.



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**Foundations in Buddhist Contemplative Care Training Program 2010/11
Participant Application**

Please print clearly.

Date of application: _____

Name: First: _____ Last: _____

Address: _____

Phone(s): Primary Number: _____ Secondary Number: _____

Email: _____

Date of Birth: _____

Contemplative Practice and/or tradition: _____

Are you presently working/studying? _____ Full _____ Part-time _____

What field of study/volunteering/work are you currently in?

Applying for Continuing Education Credits? Nurses _____ Social Workers _____
(check if applicable)

Please specify times during the week that you may be available for an interview.
Flexibility is important:

M T W T H F:

Morning

Afternoon



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Please answer the following questions in a separate and attached essay. You may answer questions individually in paragraph form or as one complete essay.

1. What is your occupation/course of study?
2. Do you have previous contemplative/spiritual caregiving experience? Please describe briefly, and/or attach a resume.
3. Do you have special skills? Please describe briefly. (i.e. healthcare, counseling, dharma teaching, foreign language, sangha leadership, theological training)
4. Do you have any physical limitations? If so, please describe briefly:
5. Have you spent time with someone very sick and/or dying? Or someone in a crisis? If so, please describe briefly:

Tell us why you want to be a program participant. Please respond to the following questions as thoughtfully and completely as you can, exploring your feelings and intentions. Be certain to cover all the points indicated. You may respond to each question individually or in an essay.

1. What is your understanding of contemplative caregiving?
2. How do you envision this training to be of benefit to you? To others?
3. Please describe your experience of caregiving relationships (i.e. chaplaincy, hospice volunteer, teaching, mentoring, counseling) Chaplains work with people with cancers, AIDS, dementia, as well as other illnesses and concerns. Describe your feelings about what it may be like for you to be with people with serious physical limitations or altered appearances resulting from their illness or its treatment.
4. Contemplative Caregivers provide emotional, spiritual and practical support for people from all walks of life who are experiencing crises of health, faith, identity, etc. What kinds of people and/or situations would you anticipate having the most difficulty working with and why?
5. Describe some of your personal experience with diversity in your life and dharma life (race, class, gender, sexual orientation, religion, size, (dis)ability, etc.) and how you have dealt with it.



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6. If you are someone from a generally less represented population in the western dharma world, what kind of support would you find helpful in order to participate fully in this chaplaincy program?
7. Describe your personal experience with spiritual/meditation practice (list practice periods; endorsements; ordinations, if applicable)
8. It is important for participants of this program to have good emotional support in their own lives. What are sources of emotional support for you?
9. How do you take care of yourself? What are your challenges in self-care?
10. How do you feel about the time and energy required to participate in this training?
11. Do you anticipate anything which may interfere with fulfilling the 10 month commitment to the training? (i.e. family obligations, possible plans for relocation, future study, financial concerns?)
12. How do you envision using this training in your life?
13. Are there any additional thoughts that come up for you in completing this application, or anything else you would like us to know?
14. A letter of recommendation from a Buddhist teacher or someone who knows your contemplative practice is required. Please attach one to this application.
15. An application fee of \$75 is also required. Paid to: "NYZCCC."



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Please note: this is a graduate level training that includes several self-directed learning components.

Participants are asked to commit to:

- ❖ Attending 9 out of 10 of the Training weekends
- ❖ Complete 100 hours of volunteer chaplaincy
- ❖ Attend monthly support groups
- ❖ Visit various religious centers
- ❖ Complete reading reports and written reflection essays
- ❖ Attend supervision with your supervisor each month

Credits and Continuing Education Credits:

Once you are accepted, you have the option to register through our partner institution, Institute of Buddhist Studies, to receive 6 Graduate Seminary Credits. There is an additional charge, paid separately to IBS for these credits. See our website for details.

For Nurses:

For professional nurses who would like to build their continuing education credits, this program has been approved by the American Association of Critical Care Nurses (AACN) for 100 Contact Hours, (Synergy CERP Category B, File number 00015861). A \$25 Continuing Education Certificate fee will be added to the tuition cost.

For Social Workers:

For professional social workers who would like to build their continuing education credits, this program is verified by the National Association of Social Workers (Approval # 886535357) for 40 Social Workers Continuing Education contact hours. A \$25 Continuing Education Certificate fee will be added to the tuition cost.

This training does not qualify you for a full-time job as a caregiver. This Foundations training can serve as preparation and discerning tool for those considering a career in professional caregiving, while inherently deepening a contemplative caregiving practice.

The Foundations Program also qualifies you to be able to apply to our Clinical Pastoral Education (CPE) Training Program. The CPE Program is a professional training program for those seeking to fulfill CPE units, four of which are required, along with a masters in divinity (or the equivalency thereof) to become a professional chaplain. See www.professionalchaplains.org for full details on professional requirements.



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How did you hear about the program?

Flyer _____ Advertisement _____ Internet _____ Friend _____ Other _____

Thank you for considering the NYZCCC's Foundations in Buddhist Contemplative Care Training Program as an opportunity for learning, practice, and service. We appreciate the time and thought involved in completing this application.

Please send your **complete application, recommendation letter**, and a **\$75 non-refundable application fee** made out to NYZCCC, as one complete mailing.

Your application is due by May 21, 2010.

Send all your materials as a complete mailing via post to:

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